









Wet your hands with water

Get some soap

Palm to palm

Back of your hands

## WASH YOUR HANDS



Fingers in between



Fingernails, upside down



Twist your thumb



**Fingertips** 

When you come home, Before you eat...



**Don't forget** your wrists!



Turn on the water, Rinse your hands. Bye-bye, germs!



Turn off the water, Get your towel. Dry your hands...



Now they're clean!



